## **CLAIMS**

## What is claimed is:

1	1. A method for manufacturing a piston comprising a disk-shaped
2	base body having opposed sides, through-channels between the sides, and a support
3	raised above one of the sides for supporting a valve disk, each said through-channel
4	being surrounded by a support body raised above one side for supporting a valve disk,
5	and a recess recessed below the opposite side, said method comprising:
6	receiving said base body between a pair of die tool halves, and
7	pressing a forming tool into one of the body to form said support by
8	material flow.
1	2. A method as in claim 1 further comprising removing material within
2	said support to provide a through-opening.
1	3. A method as in claim 2 wherein the diameter of the forming tool is
2	smaller than the diameter of the through-opening.\
1	4. A method as in claim 1 comprising pressing a pair of forming tools
2	into respective opposed sides of said base body synchronously to form a pair of said
3	opposed supports on respective opposed sides of said base body by material flow.
1	5. A method as in claim 1 wherein said tool die halves comprise said
2	forming tool, said method comprising:

- providing a stamping blank for said base body, said stamping blank having
  a greater thickness than said base body after pressing said forming die therein; and
  forming said support by upsetting said tool die halves so that the forming
  tool is pressed into said one of said sides.
- 6. A method as in claim 5 wherein the differential volume between the stamping blank and the base body after pressing said forming die therein flows into said support.